



**SURVIVORS OF
BEREAVEMENT
BY SUICIDE**

CALLING FOR HELPLINE VOLUNTEERS

Can you join us to help others by volunteering for the National Helpline?



The Helpline offers an invaluable service to adults, often to newly bereaved people, affected by the loss of a loved one to suicide. The Helpline may be the first contact for emotional support after their tragedy. Callers can share their feelings with someone who really understands and who will listen.

Calls are also received from Professionals who may request information for their clients.

Are you?

- A good listener
- Empathetic
- Patient
- Non-judgemental
- Wanting to help others bereaved by suicide
- Able to keep confidence
- Able to use a landline to work from your own home without interruptions

Have you been bereaved for at least 3 years?

If you think that you could offer support to others by volunteering on the Helpline, and would like to know more about the role:

- Look on our website for information and application form: www.uksobs.org
- Phone the Helpline between 9am and 9pm weekdays to talk to a Helpline Volunteer on: 0300 111 5065
- Phone the National Office on: 0115 944 1117
- Email the national Office on: admin@uksobs.org

Survivors of Bereavement by Suicide
National Office
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