

FAMILIES AFFECTED BY SUICIDE



Families Affected By Suicide

Who Are We?

FABS is a Self Help Support Group for adults who are closely involved in supporting children who have lost a parent or carer to suicide.

We aim to help each other through mutual support, understanding and friendship.

FABS meet on the first Tuesday of every month from 10am-12pm at West Bridgford Methodist Church on Musters Road (close to Trent Bridge Cricket Ground)

Contact fabsnottingham@gmail.com

or Self Help UK on 0115 911 1662 for more details

