

Support Day Programme



10.30 - 11.00: Registration, Tea and Coffee

11.00 - 11.10: Welcome and Introduction

11.10 - 12.05: Keynote Speaker: Halani Foulsham

Anyone who has lost someone they love to suicide knows first-hand how confusing, isolating, and lonely this form of grief can be. After her mother took her own life in November 2014, Halani Foulsham discovered first hand the severely limited supply of resources available to help those navigating a way through this traumatic, life-changing event. Halani will talk about how she came to create the After Journal and the purpose she hopes it will serve before opening the floor to a Q&A session.

12:05-12:20: Short Comfort Break

12:20-13:15: Keynote Speaker: Beverley Radcliffe

A Coroner's Court can be a bewildering and confusing place to attend and bereaved families can often find themselves facing an inquest unsure of what to expect and feeling ill prepared.

Beverley Radcliffe is Director of the Coroners' Courts Support Service and will join us to speak about the invaluable service the organisation provides to support, practically and emotionally, family and other witnesses attending the Coroners' Courts so that they are able to fully participate in the proceedings. This will be followed by a Q&A session.

13:15-14:15: Lunch

14:15-15:45: Support Groups

We will gather in smaller groups for those who have lost a child, partner, sibling, or parent, and optionally for those recently bereaved and bereaved a long time ago.

15:45-16:00: Thank you and Goodbyes

Conversations will continue at a nearby pub and you are welcome to join.

BOOKING FORM

I wish to attend the SOBS London Annual Support Day, on Saturday 8th June 2019, and enclose a cheque/postal order made out to Survivors of Bereavement by Suicide or would like to pay cash on the day (please circle).
£14.50 standard, £5 unwaged/student.

Name.....
Address.....
.....Postcode.....
Phone.....
Email.....
Any special dietary requirements.....
I lost my to suicide in the year.....

Please return this form to David Richards, 2 Anchor Mews,
London, SW12 9PQ. Any queries please email
sobslondon@gmail.com or call 0208 675 5862

Venue Address: All Souls Club House, 141 Cleveland Street,
London W1T 6QG. Please note: this timetable is subject to
change. Chaired by Nilou & Tessa, London SOBS Volunteers.